

**Division of the National Health Laboratory Service** 

#### **Definition**

The identification and control of work hazards that can impact the reproductive systems of men and women

#### Reproductive hazards cause:

- Hormone imbalances
- Abnormal menstruation
- Reduced sperm production
- Difficulty falling pregnant
- Cancer

# OCCUPATIONAL REPRODUCTIVE HEALTH

## Occupational Health and Safety act

Employers must:

Conduct risk assessments
Supply employees with
information
No discrimination

## Code of good practice in pregnancy: Accomodations

Morning sickness -later start
More toilet breaks are needed
Increased PPE sizes
Balance can be affected, job
adjustment, rest periods
time to attend ANC

### MORE INFORMATION

www.nioh.ac.za www.cdc.gov/niosh/repro.html www.cdc.gov/cdc-info/index.html

## On notification of pregnancy Employer should evaluate:

- Employee's physical condition
- Employees job
- Work practices
  - Work exposures